

PCORI 4<sup>th</sup> Trimester Project  
 Unmet Health Needs Engagement Meeting  
 Sheraton Hotel, 1 Europa Drive, Chapel Hill, NC 27517  
 March 23, 2016

**Agenda**



<b>Time</b>	<b>Speaker</b>	<b>Topic</b>
8:00-9:00	<b><i>Breakfast in lobby and check in</i></b>	
9:00-9:20	Sarah Verbiest and Alicia Thomas	Welcome, introductions, purpose of the project, and review agenda
9:20-9:50	Alison Stuebe	Defining postpartum patient-centered health service priorities in the 4 <sup>th</sup> Trimester
<b><i>Health and Wellness in the 4<sup>th</sup> Trimester</i></b>		
<ul style="list-style-type: none"> <li>• <i>What questions do new mothers have for which we do not have an evidence base?</i></li> <li>• <i>What 4<sup>th</sup> Trimester issues aren't effectively communicated to women?</i></li> </ul>		
9:50-10:00	Samantha Meltzer-Brody	Mood and emotional wellbeing
10:00-10:10	Renée Ferrari	Management of weight and postpartum body image
10:10-10:20	Tina Chambers	Medications, substances, and environmental exposures
10:20-10:30	Alison Stuebe	Infant care and feeding
10:30-11:00	Small Group Discussion	
11:00-11:10	<b><i>Break</i></b>	
11:10-11:20	Hawley Montgomery-Downs	Sleep and fatigue
11:20-11:30	Kristin Tully	Sleep locations and nighttime interactions
11:30-11:40	Jennifer Wu	Pelvic floor recovery from childbirth
11:40-11:50	Amy Bryant	Contraception, birth spacing, and sexuality
11:50-12:20	Small Group Discussion	
12:20-12:30	Sarah Verbiest	Closing of morning session and dot voting (dot voting open through lunch)
12:30-1:30	<b><i>Lunch</i></b> <i>Speaker - Dan Frayne - Healthy Mom, Healthy Family: Addressing maternal health risks during well child visits (1:00-1:10)</i>	

<b><i>Community and public health perspectives on postpartum services and access</i></b>		
<ul style="list-style-type: none"> <li>• <i>How might 4<sup>th</sup> Trimester service integration and one-stop resource impact quality of care and recovery?</i></li> <li>• <i>What are the best ways to reach mothers during 0-2, 2-6, and 6-12 weeks postpartum?</i></li> <li>• <i>What health issues and messages are unique to the different time frames?</i></li> </ul>		
1:30-1:45	Sarah Verbiest	Introduction to afternoon. Postpartum visit utilization
1:45-1:55	Monica Simpson	Equitable care and outcomes for moms
1:55-2:05	Elizabeth Howell	0-2 weeks: Behavioral educational intervention to reduce postpartum depression
2:05-2:15	Ben Goodman	2-6 weeks: The experience of the Durham Connects program
2:15-2:25	Kate Berrien	Postpartum care for publicly-funded patients
2:25-2:35	Miriam Labbok and Catherine Sullivan	6-12 weeks: Breastfeeding friendly community
2:35-3:15	Small Group Discussion	
3:15-3:30	<b><i>Break and snack in lobby</i></b>	
<b><i>Measuring Success and Everything We Missed</i></b>		
<ul style="list-style-type: none"> <li>• <i>What outcomes should we measure to indicate quality of postpartum care?</i></li> <li>• <i>What would mothers say if we were offering optimal support?</i></li> <li>• <i>What topics or issues still need to be discussed / addressed?</i></li> </ul>		
3:30-3:45	Jenifer Fahey	Understanding and meeting the needs of postpartum women
3:45-4:45	Full Group Discussion and Prioritization of Issues	
4:45-5:00	Sarah Verbiest and Alison Stuebe	Wrap up and next steps

THANK YOU!!!  
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