GHS Department of Psychiatry & Behavioral Medicine

SOUTHEASTERN SYMPOSIUM™
ON MENTAL HEALTH
2016 Greenville, SC
Hyatt Regency Downtown

Translating Research into Practice and Policy: Trends in Adult Psychiatry

6th & 7th MAY 2016

PROGRAM
Southeastern Symposium on Mental Health

Translating Research into Practice and Policy: Trends in Adult Psychiatry

It is a pleasure to acknowledge the support for our Symposium and sponsorship from the following organizations. The Symposium organizing committee would like to take the opportunity to thank all of the sponsors for their support and generosity.

Sponsored by

GHS Clinical University Partners

In cooperation with

Disclaimer
This document is for information purposes only and is prepared well in advance of publication. While the Southeastern Symposium on Mental Health uses all reasonable efforts to ensure that all statements and information contained in this document are accurate as at the date of publication, it reserves the right to make revisions or modifications to such statements and information at any time and accepts no responsibility for the consequences of any such revisions or modifications.
HOW TO USE THIS PROGRAM BOOK

This book may be the most important tool in your registration packet to help you navigate through the myriad sessions and events, as well as to make your experience at the Southeastern Symposium on Mental Health, productive and enjoyable. Please take a moment to become familiar with how the program is configured. The Program Book is organized by day, starting with the schedule at a glance followed by detailed session information; see diagram below. The index is located at the end of the book and is organized by session number, not by page number.

Addendum
Addendum includes any and all last-minute changes to the Program Book. For full abstract information, please refer to the Electronic Abstract online.
Welcome to the 2016 Southeastern Symposium on Mental Health.

Greenville Health System (GHS) is pleased to host this important event along with our partners GHS Clinical University, BlueCross/BlueShield of South Carolina, National Alliance on Mental Illness Greenville, Pavillon, FAVOR and The Carolina Center for Behavioral Health.

For those of you not familiar with GHS, we are a not-for-profit academic health system committed to medical excellence through research, education, clinical expertise and advanced technology. This symposium connects with each part of our mission, Heal Compassionately. Teach Innovatively. Improve Constantly, and I am excited about the opportunity.

I would also like to welcome you to Greenville, South Carolina. Greenville is recognized nationally as a wonderful place to start a business, raise a family and enjoy the arts and outdoors. There are lots of ways for you to enjoy Greenville while you are here. Watch a baseball game with the Greenville Drive, the Single A affiliate of the Boston Red Sox, take a stroll or bike ride on the GHS Swamp Rabbit Trail, or enjoy the shops and restaurants downtown. No matter what you choose, Greenville has something to offer everyone.

Again, welcome to the 2016 Southeastern Symposium on Mental Health and enjoy your time in Greenville.

Michael C. Riordan
President and CEO
Welcome!

As Chair of the Department of Psychiatry and Behavioral Medicine, it is my honor and privilege to welcome you to the first annual Southeastern Symposium on Mental Health and the beautiful city of Greenville South Carolina.

It is my hope that this Symposium will include extraordinary presentations and enlightening discussions that will cover an array of topics in the areas of mental health and substance abuse. I hope that this event will provide the opportunity to visit with friends and make new acquaintances as you experience the warmth and hospitality of South Carolina’s Upstate. May you find enlightenment and encouragement from the sessions over the next couple of days.

I thank you for your participation in this year’s Symposium and I am excited that you chose to share this time with us.

Sincerely,

Kenneth M. Rogers, MD, MSPH
Professor and Chair
GHS Department of Psychiatry
University of South Carolina School of Medicine-Greenville
Welcome To the Southeastern Symposium on Mental Health, 2016

Welcome to the Southeastern Symposium on Mental Health Translating Research Into Practice and Policy: Trends in Adult Psychiatry. We have the pleasure of presenting distinctive academic and community track presentations of papers, workshops and posters that explore this theme from diverse disciplinary perspectives across a wide range of topics. The goals of the Symposium are to foster dialogue that promotes awareness of mental illness, treatment and outcome. In addition, the Symposium will increase our understanding of public policy and educational initiatives that support equity for mental health. We are excited about how this year's Symposium program provides participants with abundant opportunities to meet and exchange ideas with stakeholders, community partners, researchers and practitioners.

Our distinguished keynote, dinner and luncheon speakers—Mariel Hemingway, Patrick Kennedy, John Roberts, MD, Vladimir Maletic, MD, MS, Meera Narasimhan, MD and Philip S. Mehler, MD, CEDS, FAED, FACP will address the Symposium theme from their respective vantage points in the fields of psychiatry, behavioral medicine, mental health, advocacy, and research. Their presentations will offer us national and historical perspectives on our Symposium topics. We are delighted that this year's Symposium brings together passionate and dedicated behavioral scientists, board certified psychiatrists, neurologists, professionals, community practitioners, community partners, family members, and partakers. The weekend will be comprised of talks, plenary sessions, a dinner, gala and luncheon.

I would like to express my sincere gratitude to the Symposium Executive Committee and Committee Chairs for all their efforts in producing an innovative and engaging program for clinicians, academicians and the community. The Committees have all contributed greatly of their time, talents, and resources to help make this sentinel event possible. We are particularly grateful to Dr. Kenneth Rogers, Professor and Chair Greenville Health System (GHS) Department of Psychiatry and Behavioral Medicine and Dr. Windsor Westbrook Sherrill, GHS Chief Science Officer, Professor and Associate Vice President for Health Research, Department of Public Health Science Clemson University whose guidance and support have made this conference possible. We are also grateful to all our GHS Department of Psychiatry colleagues and others taking part in the program or assisting with Symposium tasks. Thank you one and all!

I would also like to acknowledge and convey our tremendous thanks to our conference sponsors: Greenville Health System (GHS) Continuing Medical Education (CME) Department, GHS Department of Psychiatry and Behavioral Medicine, GHS Clinical University, the Greenville Chapter of the National Alliance on Mental Illness, the Carolina Center for Behavioral Health, FAVOR, BlueCross BlueShield of South Carolina, Pavillon and the Upstate Area Health Education Center.

Welcome to the Southeastern Symposium on Mental Health!

Cheers,

Sharon M. Holder, PhD, MSc, MSW
Symposium Chair
Welcome to the Southeastern Symposium on Mental Health! This program provides an opportunity for stakeholders to collaborate across disciplines and share research findings utilizing evidence-based outcomes in order to improve patient-centered care. Our goal is to promote awareness about mental health issues, reduce stigma and discrimination, improve equity for mental health care comparable to other health care, and inform public policy. This event will provide a regional and national platform for the significant challenges and common struggles associated with living with mental illness. In 2016, our primary stakeholders include South Carolina, North Carolina and Georgia. In the future, we will expand our geographic region to include Alabama, Florida, Kentucky, Tennessee and Virginia. The Southeastern Symposium on Mental Health will advance the welfare of our communities by improving access to mental health care, knowledge and education. We are excited about the diversity of our program and the culmination of our collaborative efforts. We look forward to your participation in this pivotal event.

Program Objectives:

In the constantly changing world of mental health, it is essential to stay abreast of new developments and treatments. This program will enable the psychiatrist and the primary care physician, as well as other healthcare professionals, to do the following:

- Develop synergistic relationships among healthcare professionals, stakeholders, caregivers, academicians and community partners.
- Foster dialogue and promote awareness of current trends in mental health practice, treatment and research.
- Encourage mental health advocacy and work towards the eradication of the stigma and discrimination surrounding mental illness and mental health treatment.
- Improve access to mental healthcare through dissemination of information and resources with the goal of achieving equity for mental healthcare comparable to other healthcare.
- Inform public policy and educational initiatives that promote awareness about mental health issues.
Symposium Executive Organizing Committee Members

**Chair**

Sharon M. Holder, PhD., MSc., MSW  
Embedded Research Scientist  
GHS Department of Psychiatry  
Research Assistant Professor  
Public Health Sciences  
Clemson University

Robin Applewhite  
Resource Development Volunteer  
NAMI-Greenville

**Co-Chair**

Kenneth M. Rogers, MD, MSPH, MMM  
Professor and Chair  
GHS Department of Psychiatry  
University of South Carolina  
School of Medicine-Greenville

Susan Bethel, MSN, RN  
Manager of Nursing Scholarship & Research  
GHS

**Program Chair**

Eunice Peterson, MD  
Child & Adolescent Psychiatrist  
GHS Department of Psychiatry

Dawn Blackhurst, DrPH  
Mgr., Clinical Data Analysis  
Department of Quality Management, GHS

**Outreach Coordinator**

Robbie Shoenleben  
Manager, Clinical Assessment  
GHS Department of Psychiatry

Mrs. Claire Blake  
Greenville, SC

Benjamin J. Griffeth, MD  
Vice Chair Psychiatry for Academics  
GHS  
Assistant Professor and Clerkship Director of Psychiatry  
USCSOM-G

Mr. Paton Blough  
Community Advocate  
Greenville, SC
Mr. Dudley Brown  
Public Relations Coordinator  
GHS

Mr. Troy Chisolm, MHA  
Administrator  
GHS Department of Psychiatry

Mr. Ken Dority  
Executive Director  
NAMI- Greenville

Mrs. Lauren Smith-Nagel  
Business Development  
Pavillon

Mr. Jerry Chapman  
Director of Business Development  
The Carolina Center for Behavioral Health

Lee A. Crandall, PhD  
Professor  
Public Health Sciences  
Clemson University

James Hayes, MD  
NAMI

Mrs. Jennifer Walker  
AHEC
**PRESENTERS**

**Miles Ardaman, MD** – Assistant Professor, University of South Carolina School of Medicine–Greenville (USCSOM–G)

**Bridget Barron, RN–BC, BSN** – Nursing Service Director, PATHS Psychiatric & Addictions Therapeutic Healing Services

**Stephanie Berg, MD** – Palmetto Health Behavioral Day Program and Palmetto Health Perinatal Mental Health Clinic, Columbia

**Thomas W. Britt, PhD** – Professor of Psychology, Social and Organizational Psychology (SOP) Research Team, Clemson University

**Bonnie L. Brown, LISW-CP, LPC, CEAP** – Manager, Employee Assistant Program, Greenville Health System

**Mary Kay Campbell, LISW-CP** – Coordinator Homeless Services, Greenville Mental Health Center

**Sean Christensen** – Medical Student–University of South Carolina School of Medicine–Columbia (USCSOM–C)

**Karen Cooke, MSW, LISW–CP** – Manager of Clinical Therapies/ PHP and IOP, Greenville Health System

**Kenneth Dority** – Executive Director, National Alliance for Mental Illness (NAMI) Greenville

**Cheryl J. Dye, PhD** – Professor, Department of Public Health Sciences, Clemson University

**Julius R. Earle Jr., MD** – Director of Psychiatry Residency Program & Vice Chair of Quality

**Al Edwards, MD** – Director of Greenville Mental Health Center, State Department of Mental Health (DMH)

**Ginger DeFrancesch, MA** – Director of Outpatient Services, Carolina Center for Behavioral Health

**Honorable Debora Faulkner** – Judge, Greenville County Probate Court

**Tierney Gallagher, MA** – Chief Medical Officer Liaison, Greenville Health System

**Sara Griffin, MPH, PhD** – Associate Professor, Department of Public Health Sciences, Clemson University

**Benjamin F. Griffeth, MD** – Vice Chair of Psychiatry for Academics, Assistant Professor USCSOM–G
John B. Hartman II, DMin – Director, Pastoral Care & Education, GHS

Jim Hayes, MD – Member, NAMI Board of Directors

Brooks Heard – ACPE Supervisor Candidate, Palmetto Health

Sharon M. Holder, PhD, MSc, MSW – Embedded Research Scientist GHS Department of Psychiatry, Research Assistant Professor, Department of Public Health Sciences & Institute of Family and Neighborhood Life, Clemson University

Matthew F. Hudson, Ph.D., M.P.H. – Comparative Effectiveness Research Director and Cancer Care Delivery Research Director, Greenville Health System

Meenu Jindal, MD – Medical Director of the GHS Internal Medicine Clinic (IMC) and Professor at University of South Carolina School of Medicine–Greenville

Richard Jones, MA, MBA – Executive Director, FAVOR - Greenville

Becky Kay – Survivors of Suicide Facilitator, Mental Health America of Greenville County

Norman Kim, PhD – National Director for Program Development, Reasons Eating Disorder Center (CA) and Center for Change, UT

Kevin E. Kip, PhD – Distinguished Health Professor and Executive Director, Research Center University of South Florida, Tampa, FL

Jean Ann Lambert, MRC – Community Resource Director, Mental Health America of SC

Daniel Lampignano, MD, MS – Psychiatry Resident, USCSOM–G

Brian LeDuc, MD – Psychiatry Resident, USCSOM–G

Alan Lyme, LISW, CADC–II, CCS – Training Director, The Phoenix Center of Greenville

Vladimir Maletic, MD, MS – Clinical Professor of Psychiatry and Behavioral Science, University of South Carolina School of Medicine, Greenville, South Carolina; Chair, Program Committee, U.S. Psychiatric and Mental Health Congress

Fredric Mau, D.Min, M.A., M.Div., LPC, DCC– Watermark Hypnosis & Brief Counseling

Stuart Mauney, JD – Gallivan, White & Boyd P.A., Greenville, SC

Phil Mehler, MD – Executive Medical Director & Chief Medical Officer of Eating Recovery Center

Kenneth C. Miller – Chief of Police, Greenville Police Department

April Monnich, RN-BC, CMSRN

J. David Moore, MD – Assistant Professor of Psychiatry, USCSOM–G
Julia Mullen, MSW – Former Program Director, Community Support Program, Greenville Mental Health Center

Stacey L. Owens – Captain, Criminal Investigations Division, Crisis Intervention Team/Training Coordinator, Greenville Police Department; Board of Directors Member, NAMI Greenville

Mark A. O’Rourke, M.D. – Cancer Institute- Eastside, Greenville Health System

Eunice Peterson, MD – Assistant Professor, USCSOM–G, SESMH Program Chair

Jennifer R. Piver – Executive Director, Mental Health America of Greenville County

John Roberts, MD – Medical Director, Pavillon, Mill Spring, North Carolina; Assistant Professor of Psychiatry, Medical University of South Carolina, Charleston, South Carolina

Taral R. Sharma, MD, MBA – Clinical Assistant Professor, USCSOM–G, Senior Psychiatrist, Patrick B. Harris Psychiatric Hospital

Roy Smith, MD – Board Certified in Addiction Medicine and Family Medicine and Provides Medical Care to Patients at Pavillon

Jennifer Z. Snow, MBA – Director of Accountable Communities, Greenville Health System

Kurt Stutler, MDiv – Pastor and Director of the South Main Chapel & Mercy Center, Anderson, South Carolina.

Darin Thomas, LMSW – Healthy Outcomes Plan Social Worker, Greenville Health System

Calvert Warren, MD – Director of Psychiatric Emergency Services, Assistant Professor of Psychiatry, USCSOM–G

Stephen P. Williams, JD – Vice-President and Chief Operating Officer, New Horizon Family Health Services, Inc, Greenville, SC
**ACCREDITATION**

**Physicians**
The Greenville Health System (GHS) designates this live activity for a maximum of 12.25 *AMA PRA Category 1 Credits*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Greenville Health System is accredited by the South Carolina Medical Association to provide continuing medical education for physicians.

**Please Note:** The Thursday Pre-Conference credit of 1.5 is included in the total 12.25 for the Symposium.

**Psychologists**
GHS is approved by the American Psychological Association to sponsor continuing education for psychologists. GHS maintains responsibility for the program and its content. This activity is approved for a maximum of 12.25 APA credits.

**Successful completion of the program requires attendance for at least 90 percent of the course and a completed evaluation by the participant.**

**Social Workers** This program has been approved for non-social work continuing education by Upstate AHEC, as part of the SC AHEC system, under its accreditation by the SC Board of Social Work Examiners.

<table>
<thead>
<tr>
<th>Event</th>
<th>CEUs (Clock Hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Conference Event, Thursday, May 5, 2016</td>
<td>0.15 (1.5)</td>
</tr>
<tr>
<td>Day 1, Friday, May 6, 2016</td>
<td>0.63 (6.3)</td>
</tr>
<tr>
<td>Day 2, Saturday, May 7, 2016</td>
<td>0.43 (4.3)</td>
</tr>
</tbody>
</table>

**Licensed Professional Counselors and Therapists** This program has been approved for continuing education by SC AHEC under its accreditation by the SC Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists and Psycho-Educational Specialists.

<table>
<thead>
<tr>
<th>Event</th>
<th>CEUs (Clock Hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Conference Event, Thursday, May 5, 2016</td>
<td>0.15 (1.5)</td>
</tr>
<tr>
<td>Day 1, Friday, May 6, 2016</td>
<td>0.63 (6.3)</td>
</tr>
<tr>
<td>Day 2, Saturday, May 7, 2016</td>
<td>0.43 (4.3)</td>
</tr>
</tbody>
</table>

**Others** This program is approved by Upstate AHEC and meets the SC AHEC Best Practice Standards.

<table>
<thead>
<tr>
<th>Event</th>
<th>CEUs (Clock Hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Conference Event, Thursday, May 5, 2016</td>
<td>0.15 (1.5)</td>
</tr>
<tr>
<td>Day 1, Friday, May 6, 2016</td>
<td>0.63 (6.3)</td>
</tr>
<tr>
<td>Day 2, Saturday, May 7, 2016</td>
<td>0.43 (4.3)</td>
</tr>
</tbody>
</table>
Emergency Medical Technicians. This program has been approved for the following hours of continuing education by the South Carolina Department of Health and Environmental Control for all levels of certified emergency medical technicians in South Carolina.

Pre-Conference Event May 5, 2016: 1.5 CEUs – Mental Health
Symposium Day One May 6, 2016: 6.25 CEUs – Mental Health
Symposium Day Two May 7, 2016: 4.25 CEUs – Mental Health

EVALUATION AND CREDIT ATTESTATION

For Physicians, an online Symposium Evaluation QR code and web link will be placed within the envelope that you receive upon signing in at the Symposium registration table. The online evaluation must be completed and submitted for CME credit to be processed and recorded by GHS within 30 days from the date of the event. After that date, the evaluation will be removed from the evaluation site and no credit can be awarded to the attendee. Certificates will be emailed to the email address on file with the CME office within 14 days after the link closes.

For Advanced Practice Providers, an online Symposium Evaluation QR code and web link will be placed within the envelope that you receive upon signing in at the Symposium registration table. Advanced Practice Providers can be awarded a certificate of attendance at a CME activity, but cannot be awarded physician CME credit. The Online Evaluation must be completed and submitted for attendance credit to be processed and recorded by GHS within 30 days from the date of the event. After that date, the evaluation will be removed from the evaluation site and no attendance credit can be awarded to the attendee. Attendance Certificates will be emailed to the email address on file with the CME office within 14 days after the link closes.
The Southeastern Symposium on Mental Health (SESMH) is pleased to host a pre-Symposium seminar. A detail of this event is listed below.

**Building Bonds, Breaking Barriers: Voices of the Underserved**

**Thursday May 5, 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:30 – 6:00 pm</td>
<td>Arrival and Entertainment (Hors d’oeuvres)</td>
</tr>
<tr>
<td>6:00 – 6:10 pm</td>
<td>Welcome and Introductions - Dr. Kenneth Rogers, MD, MSPH, MMM, Professor and Chair of the Department of Psychiatry and Behavioral Medicine, Symposium Co-Chair</td>
</tr>
<tr>
<td>6:10 – 6:50</td>
<td>Programs Addressing The Plight of the Underserved Ken Dority, Executive Director, Greenville, National Alliance on Mental Illness (NAMI)</td>
</tr>
<tr>
<td>6:50 – 7:40 pm</td>
<td>Crisis Intervention Training (CIT) Program Ken C. Miller, Chief of Police, Greenville Police Department, and Stacey L. Owens, Captain, Criminal Investigations Division/Crisis Intervention Team/Training Coordinator, Greenville Police Department</td>
</tr>
<tr>
<td>7:40 – 8:00 pm</td>
<td>Entertainment and Networking</td>
</tr>
<tr>
<td>8:00 pm</td>
<td>Adjourn</td>
</tr>
</tbody>
</table>
SPECIAL EVENTS

Friday Dinner and Gala with Guest Speaker, Academy Award Nominated Actress, Best Selling Author, and Timeless Mental Health Advocate - Mariel Hemingway

We are delighted to host a dinner reception on Friday, May 6, beginning at 6:30 p.m. Attendees will have the opportunity to network and participate in a Silent Auction to benefit the National Alliance of Mental Illness (NAMI) Greenville. We will have musical entertainment, and a Vignette portrayed by Ann Lewis regarding the realities of living with a loved one with mental illness. At 7:30 p.m., Mariel Hemingway, Academy Award Nominated Actress, Best Selling Author & Tireless Mental Health Advocate will be speaking on her experiences first-hand growing up with mental illness in her family, and what she is hoping to accomplish by being an advocate for mental health.

Saturday Luncheon with Guest Speaker, Former Congressman Patrick J. Kennedy

Our honored guest speaker for the Saturday Luncheon will be Former Congressman and Mental Health Advocate, Patrick J. Kennedy. He will be discussing mental healthcare on a national and policy level, but with the understanding of mental illness on a far more personal level.
ACCOMMODATIONS

At the Hyatt Regency Greenville, you will enjoy a dynamic mix of Southern style and urban luxury. The Hyatt Regency Hotel in downtown Greenville, SC is a resort and meeting destination in the heart of our city. With elegant spaces and sleek décor, Hyatt Regency Greenville is a relaxing, yet vibrant retreat designed for the modern traveler. The Hotel offers a sparkling outdoor pool and fitness center. This award-winning hotel is the perfect place to work, relax, eat, meet, play and explore the culture of our energetic city. Indulge in local, organic cuisine at Roost, meet for cocktails at Orb Lounge, or enjoy a refreshing drink on our sun deck. From vineyards to entertainment centers, the most interesting sights and activities in Greenville are just steps away.

IN APPRECIATION

The Southeastern Symposium on Mental Health was partially funded through a Patient-Centered Outcomes Research Institute (PCORI) Engagement Award Initiative – GHS-1910. The content does not necessarily represent the views of the Patient-Centered Outcomes Research Institute (PCORI), its Board of Governors, or Methodology Committee.

Additionally, the Symposium is partially sponsored by GHS Clinical University Partners, The Carolina Center for Behavioral Health, FAVOR, NAMI Greenville, Pavillon, and Blue Cross Blue Shield of South Carolina.

A complete list of supporting companies will be available on site and is listed in this Symposium Booklet.
EXHIBITS

A wide variety of companies from Pharmaceutical Companies to Mental Health Agencies, are exhibiting at this year’s Symposium. Many of these companies consistently support Greenville Health System’s educational efforts. Please help express our appreciation to them by visiting their exhibit booths and tables. The support received from our exhibitors helps to keep the registration costs lower for all Symposium attendees.

To encourage interaction with exhibitors, we are implementing a door prize system that benefits both you and the exhibitor. **Your participation in this door prize activity is totally voluntary.** For those who wish to participate, please have the exhibitor initial your door prize card when you visit an exhibit. The door prize cards are labeled for each day of the Symposium and are given to you at the Symposium registration desk when you sign in. To be eligible to win, you must visit at least 8 exhibitors daily, obtain their initials on the back of the card, and place that day’s door prize card in the collection box outside the door to the lecture room. Please place all door prize cards in the box one hour before the close of each day. A drawing will take place in the main lecture room at the close of each day. **You must be present in the main lecture room to win.**

Exhibitors include:

- Acadia Healthcare
- Allergan
- Alkermes
- Alpha Genomix
- AltheaDx
- American Addiction Centers
- Anderson University
- Blackhurst Family
- BlueCross/BlueShield of South Carolina
- Carolina Center for Behavioral Health
- Clemson University
- CooperRiis
- Eating Recovery Center
- FAVOR, Greenville
- Foundation Recovery Centers
- GenOmind, Inc.
- GHS Department of Psychiatry & Behavioral Medicine
- Life Source, Inc.
- Mental Health America
- Med Comp Sciences
- Molina Health Care
- NAMI, Greenville
- Old Vineyard Behavioral Health Services
- Pavillon
- Psych U-Otsuka
- RedHype
- South Carolina Psychiatric Association
- Springbrook Behavioral Health System
- Sunovion
- Takeda USA & Lundbeck
- This is My Brave
- Three Rivers Behavioral Health
- Wellcare Health Plan
INFORMATION ON HOW TO GET TO THE SYMPOSIUM

Map of Downtown Greenville
DIRECTIONS TO HYATT REGENCY GREENVILLE

Location of the Southeastern Symposium on Mental Health

Hotel Address
Hyatt Regency Greenville
220 North Main Street
Greenville, South Carolina, USA, 29601,
Tel: +1 864 235 1234, Fax: +1 864 232 7584

Use the Hotel Address below for MapQuest/GPS directions:
50 Beattie Place
Greenville, South Carolina, USA 29601

From Greenville Spartanburg International Airport (14 miles):
Depart the airport heading south on GSP Drive. Proceed straight toward I-85 / Greenville / Spartanburg, and then merge onto I-85 South toward Greenville. Merge onto I-385 North via Exit 51, toward Downtown / Greenville. I-385 North becomes Beattie Place. Our Greenville South Carolina hotel is located on the left side of Beattie Place.

From Chattanooga and Atlanta:

From Columbia:
Take US-76 West, which becomes I-26 West. Merge onto I-385 North via Exit 51 on the left, toward Laurens / Greenville. I-385 North becomes Beattie Place. Hotel is located on the left side of Beattie Place.

From Charlotte:
Take I-85 South toward Gastonia (crossing into South Carolina).Merge onto I-385 North via Exit 51 toward Downtown / Greenville. I-385 North becomes Beattie Place. Hotel is located on the left side of Beattie Place.
REGISTRATION INFORMATION

Registration is located in the Foyer of the Lobby Level at the Hyatt Hotel
Please visit Symposium Registration Desk to receive your badge, Symposium bag and meeting materials. In addition, please visit the registration desk if you need to registration on-site; make changes to your registration or to purchase tickets for additional events.

Registration Hours
Friday, May 6, 2016 7:00 – 8:30:00 am
Saturday, May 7, 2016 7:00 3:00 p.m.

Badge Policy
A conference registration badge is required for admission to all Symposium Meeting events, including the Exhibit area. No one will be admitted without a badge. Ticketed events only are ineligible for access to educational programs. Along with your badge tickets are required ticketed events. Please help us RECYCLE our badge holders. Return them to the registration area as you depart.

GENERAL INFORMATION

Cell Phone
As a courtesy to your colleagues, please turn off your cell phone or switch to vibrate when in a session.

Certificate of Attendance
To obtain a certificate of attendance, visit the Information Desk at registration for further information.

Filming and Photography
Portions of 2016 Symposium will be recorded for webcasting and other marketing or educational purposes. Unauthorized audiotaping or videotaping of 2016 Symposium sessions is prohibited.

Photograph
Photography will be taken at various events during the conference for publicity and dissemination purposes. If you do not wish your image to be used, please inform the Symposium registration desk.

Internet Access
Attendees staying at the Symposium Hotels will have complimentary Internet in their sleeping rooms and public spaces.

Lost and Found
SESMH is not responsible for lost items. The hotel security will collect all lost and found items. You may also call the SESMH at 864.346.3582 to turn in, collect, or inquire about lost items.
SERVICES FOR PEOPLE WITH DISABILITIES

Services for People with Disabilities
If special arrangements are required for an individual with a disability attending this Symposium, please visit the Information Desk at registration for assistance.

SOCIAL NETWORK

Social Networking
Follow us on Twitter: Use Twitter at SESMH2016# for meeting updates, news, and other information to help you get ready for the Southeastern Symposium on Mental Health 2016. You can tweet about topics you're interested in at this year's meeting or tell us which sessions you plan to attend.

Find us on Facebook: Go to Facebook.com/Southeastern Symposium on Mental Health for meeting news, and photos! For our fans on Facebook, you can post any questions or comments about the meeting and tag yourself in the photo albums.

MESSAGES

Message Board
There will be a message board available near the registration desk for the posting of additional conference information and messages for attendees.
### Friday May 6, 2016

<table>
<thead>
<tr>
<th>Session 1</th>
<th>Clinical Track Breakout Sessions</th>
</tr>
</thead>
</table>
| 10:20am – 11:20am | Primary Care and Behavior Health Integration: Prospects and Challenges  
*Speaker: Meenu Jindal, MD*  
*Regency* |
| 11:20am – 12:20pm | Accelerated Resolution Therapy (ART): An Emerging Evidence-Based Therapy for Treatment of Post-Traumatic Stress Disorder (PTSD) and Related Comorbidities  
*Speaker: Kevin E Kip., PhD*  
*Dogwood* |
| 11:20am – 12:20pm | Identification and Treatment of Mood Disorders in the Perinatal  
*Speaker: Stephanie Berg, MD*  
*Magnolia* |
| 1:00pm – 2:00pm | Physical Pain Alleviation: Effective Hypnotic Treatments  
*Speaker: Fredric Mau, D.Min, M.A., M.Div. LPC, DCC*  
*Crepe Myrtle* |
| **Session 2**  
11:25am – 12:25pm | Algorithmic Identification of Media and Category Preferences in those with Neurocognitive Disorders  
*Speakers: Sean Christensen, Robert Gereige, Victor Hirth, MD*  
*Regency* |
| 11:25am – 12:25pm | The Subjective Nature of the Religious Experience and Aversion to Mental Health Treatment  
*Speaker: John B. Hartman II, D. Min.*  
*Crepe Myrtle* |
| 11:25am – 12:25pm | Best Practices for Prompt Follow-up  
*Speaker: Ginger DeFrancesch, MA*  
*Dogwood* |
| **Session 3**  
4:00pm – 5:00pm | Adult ADD and Co-Occurring Substance Use Disorders: What is it? How do you diagnose it? How do you treat it?  
*Speaker: John Roberts, MD*  
*Regency* |
| 4:00pm – 5:00pm | Mental Health and the Returning Warriors  
*Speaker: Benjamin F. Griffeth, MD*  
*Crepe Myrtle* |
| 4:00pm – 5:00pm | Update on Practice Guidelines for the Psychiatric Evaluation of Adults  
*Speaker: Julius Earle, MD*  
*Dogwood* |
| 4:00pm – 5:00pm | Employing the Use of Light Therapy, Melatonin, and Vitamin D in the Treatment of Neuropsychiatric Diseases: Shining the Light – An Update  
*Speaker: Miles Ardaman*  
*Magnolia* |
# Community Track Breakout Sessions

<table>
<thead>
<tr>
<th>Session 1</th>
<th>10:20am – 11:20am</th>
</tr>
</thead>
</table>
| **1.** What Do You Do When Anti-depression Medicine isn't working?  
*Speaker: David Moore, MD* | Gardenia |
| **2.** Complex Greif of Those Who Lost a Loved One to Suicide  
*Speaker: Becky Kay* | Azalea |
| **3.** Neurobiology of Substance Use Disorders  
*Speaker: Roy Smith, MD* | Board Room |
| **4.** Mental Healthcare Disparities: New Alternatives and Resources  
*Speaker: Ken Dority, Executive Director NAMI Greenville* | Think Tank 2nd floor |

<table>
<thead>
<tr>
<th>Session 2</th>
<th>11:25am – 12:25pm</th>
</tr>
</thead>
</table>
| **1.** Creating a Community Where Faith and Mental Illness Meet  
*Speaker: Kurt Stutler* | Gardenia |
| **2.** Peer-Based Co-Occurring Disorder Recovery Coaching: A New Paradigm  
*Speaker: Richard Jones, MA, MBA* | Think Tank 2nd floor |
| **3.** Question, Persuade, Refer (QPR) For Suicide Prevention  
*Speaker: Jean Ann Lambert, MRC* | Azalea |

<table>
<thead>
<tr>
<th>Session 3</th>
<th>4:00pm – 5:00pm</th>
</tr>
</thead>
</table>
| **1.** Psychiatric Crisis 911...Where?  
*Speaker: Bridget Barron, RN-BC, BSN* | Gardenia |
| **2.** Mental Health Ethics: Mapping the Terrain  
*Speakers: Jim Hayes, MD and Steve Williams, JD* | Think Tank 2nd floor |
| **3.** Using Focus Groups and Qualitative Research to Keep Outcomes patient-Centered (Stakeholders)  
*Speakers: Cheryl Dye, PhD and Sarah F. Griffin, MPH, PhD* | Board Room |
| **4.** Addressing Socioeconomic and Psychosocial Barriers in a Patient-Centered Medical Neighborhood Model  
*Speakers: Jennifer Snow, MBA, Tierney Gallagher, and Darin Thomas, LMSW* | Azalea |
### Saturday May 7, 2016

#### Day 2

<table>
<thead>
<tr>
<th><strong>Clinical Track Breakout Sessions</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Session 1</strong> 10:20am – 11:20am</td>
</tr>
</tbody>
</table>
| Treating the Agitated Patient: Cases and Caveats  
*Speaker: Calvert Warren, MD*  
Dogwood |
| Intervening to Reduce the Stigma and Encourage the Support of Soldiers Seeking and Remaining in Mental Health Treatment  
*Speaker: Thomas W. Britt, PhD*  
Think Tank 2nd floor |
| Intervening to Reduce the Stigma and Encourage the Support of Soldiers Seeking and Remaining in Mental Health Treatment  
*Speaker: Thomas W. Britt, PhD*  
Think Tank 2nd floor |
| Obamacare and Mental Health, What's the Big Deal?  
*Speaker: Kenneth Rogers, MD*  
Redbud |
| **Session 2** 11:25am – 12:25pm |
| The Body Remembered; the Brain Reacts: Clinical Applications of Understanding the Underlying Connections Between Eating Disorders and Trauma  
*Speaker: Norman Kim, PhD*  
Dogwood |
| Lincoln's Hat: Local Trends and Integration in Community Mental Health Treatment Service Delivery  
*Speaker: Al Edwards, MD*  
Redbud |
| Scopolamine for Management of Extrapyramidal Side Effects as a Result of Antipsychotic Medication Use: A Case Report and Brief Review of Literature  
*Speakers: Daniel Lampignano, MD, MS and Taral Sharma, MD, MBA*  
Think Tank 2nd floor |

#### Saturday May 7, 2016

<table>
<thead>
<tr>
<th><strong>Community Track Breakout Sessions</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Session 1</strong> 10:20am – 11:20am</td>
</tr>
</tbody>
</table>
| Suicide Prevention: Everyone Has a Role  
*Speaker: Jennifer R. Piver, Executive Director of MHA Greenville*  
Azalea Room |
| Mental Health: Patients, Families, and Caregivers Working with the Probate Court  
*Speaker: Judge Debora Faulkner, Greenville County Probate Judge*  
Magnolia Room |
| Using Focus Groups and Qualitative research to Keep Outcomes Patient-Centered (Providers)  
*Speakers: Eunice Peterson, MD, Karen Cooke, MSW, LISW-CP, Sharon M. Holder, PhD, MSc, MSW*  
Board Room |
| Understanding Unique Qualities of African American Grief and Spirituality in  
Gardenia Room |
<table>
<thead>
<tr>
<th>Time</th>
<th>Session 2</th>
<th>Location</th>
</tr>
</thead>
</table>
| 11:25am – 12:25pm | Mental Health Roundtable: Advocacy in Action!  
**Speaker:** Brian LeDuc, MD | Board Room        |
|             | Using Focus Groups and Qualitative Research to Keep Outcomes Patient-Centered (Community)  
**Speakers:** Cheryl Dye, PhD and Sarah F. Griffin, MPH, PhD | Azalea Room       |
|             | The Family Transformation Model for Women and Children  
**Speaker:** Alan Lyme, LISW. CADC-II, CCS | Magnolia Room     |
Meera Narasimhan, MD
Professor of Neuropsychiatry and Behavioral Science

Meera Narasimhan, MD is the Associate Provost for Health Sciences at the University of South Carolina and Professor and Chair in the Department of Neuropsychiatry and Behavioral Sciences at the University Of South Carolina School Of Medicine. Dr. Narasimhan also serves on faculty at the Medical University of South Carolina, Charleston. Dr. Narasimhan's scientific career has focused on clinical, multidisciplinary, policy research, as an educator and community service provider at the University of South Carolina. One of her foremost accomplishments at USC has been starting a highly productive research division with an outstanding funding track record to help understand the biology and novel somatic interventions in a wide spectrum of psychiatric disorders and its interface with medical illness. She has received several NIH grants throughout her career and is nationally recognized for her work in telehealth to improve access and affordability with the work being awarded the Psychiatric Services Achievement Award from the American Psychiatric Association and also being featured on the Agency for Health Care Research and Quality, Innovative Exchange. Dr. Narasimhan has an excellent track record of fostering public-private-academic partnership(s) and has demonstrated her ability to think outside the box of traditional approaches to addressing basic public health service needs of the community capturing valuable data as it pertains to cost, quality and sustainability. She has collaborated across health sciences disciplines to deliver integrated care in this rapidly changing healthcare environment.

In recognition of her contributions she has received numerous prestigious national and international awards. She is a Distinguished Fellow of the American Psychiatric Association, was inducted into the American College of Psychiatrists and named to the list of Best Doctors in America. She has presented at numerous national and international meetings, is widely published in peer-reviewed journals and serves on editorial boards, various statewide and national professional organizations.

Professor Narasimhan is speaking on Friday May 6th at 8:40 am. She will be introduced by Mr. John H. Magill, State Director, South Carolina Department of Mental Health (DMH). Professor Narasimhan will be speaking on - Depression and Comorbid Medical Illness: Towards Integrated Care.
Vladimir Maletic, MD, MS: Board Certified in Psychiatry and Neurology

Vladimir Maletic, MD, is a clinical professor of neuropsychiatry and behavioral science at the University Of South Carolina School Of Medicine in Columbia, and a consulting associate in the Division of Child and Adolescent Psychiatry, Department of Psychiatry, at Duke University in Durham, North Carolina. Dr. Maletic received his medical degree in 1981 and his master's degree in neurobiology in 1985, both from the University of Belgrade in Yugoslavia. He went on to complete a residency in psychiatry at the Medical College of Wisconsin in Milwaukee, followed by a residency in child psychiatry at Duke University.

Dr. Maletic is a member of several professional organizations including the Southern Psychiatric Association and The American College of Psychiatrists. In addition, he has published numerous articles and several book chapters. Dr. Maletic has participated in various national and international meetings and congresses. His special areas of interest include the neurobiology of schizophrenia, mood disorders, pain, anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), and the regulation of sleep and wakefulness.

Dr. Maletic is speaking on Friday May 6th at 1:35 pm. He will be introduced by Dr. Kenneth Rogers, Professor and Chair of the Department of Psychiatry and Behavioral Medicine, and the Symposium Co-Chair. Dr. Maletic will be speaking on - Why is Bipolar Disorder a Cardio–Metabolic Risk.

Philip S. Mehler, MD, CEDS, FAED, FACP
Executive Medical Director

As Executive Medical Director and Chief Medical Officer, Dr. Philip Mehler is the designated head of medical services across Eating Recovery Center's full treatment spectrum, including Inpatient, Residential, Partial Hospitalization, Intensive Outpatient and Outpatient levels of care. Prior to joining Eating Recovery Center, Dr. Mehler served as Medical Director of the ACUTE Center for Eating Disorders, and Chief Clinical Officer and Medical Director of Denver Health and Hospital Authority. Dr. Mehler began his career at Denver Health nearly 30 years ago and was formerly its Chief of Internal Medicine. He is the Glassman Professor of Medicine at the University Of Colorado School Of Medicine, and has conducted research into the optimal treatment of the most severe cases of Anorexia Nervosa and Bulimia. Dr. Mehler has authored 400 publications, including a textbook, Medical Complications of Eating Disorders, which was published by the Johns Hopkins University Press and is now in its second edition. Dr. Mehler was the recipient of the
Academy of Eating Disorders 2012 Outstanding Clinician Award, has been recognized among the "Best Doctors in America" for the past 16 years, and was voted the “Top Internist in Denver” multiple times by 5280 magazine. Dr. Mehler is a member and fellow of the Eating Disorders Research Society and the Academy of Eating Disorders, as well as a member of the editorial board of the International Journal of Eating Disorders. He has lectured extensively on a national and international level as the leading medical expert on the topic of medical complications of eating disorders.

Dr. Mehler is speaking on Friday May 6th at 2:40 pm. He will be introduced by Ms. Beth Riley, MSW, LISW, Founder and Director, The Riley Center. Dr. Mehler will be speaking on - Recent Findings in Anorexia and Bulimia.

John Roberts, MD: Board Certified in Psychiatry, Neurology and Addiction Medicine

Dr. Roberts is the Medical Director for Pavillon and is an Addiction Psychiatrist. Dr. Roberts is the Medical Director at the Pavillon with nearly 20 years of experience serving as an Assistant Professor of Psychiatry at the Medical University of South Carolina. While there, he was the attending psychiatrist for the Inpatient Dual Diagnosis Unit and was the director of the Clinical Outpatient Division for the Center for Drugs and Alcohol Program. He received his doctor of medicine from Louisiana State University and completed his psychiatric residency as well as fellowship in substance use disorders and anxiety disorders at the Medical University of South Carolina.

Dr. Roberts is board certified in psychiatry and has lectured throughout the Southeast on substance use disorders and psychiatric disorders. Dr. Roberts is speaking on Saturday May 7th at 8:40 am. He will be introduced by Ms. Lauren Smith-Nagel, Business Development, Pavillon. Dr. Roberts will be speaking on - Integrating Treatment for Substance Use and Co-Occurring Disorders (COD).
FRIDAY NIGHT EVENTS

Academy Award Nominated Actress, Best Selling Author, and Timeless Mental Health Advocate – Mariel Hemingway

Our honored guest, Mariel Hemingway is a celebrity, prolific author, healthy, lifestyle-brand entrepreneur, and a tireless mental health awareness and suicide prevention program advocate. She focuses on topics including: mind-body-spirit optimization, purposeful living, and mental health related issues. As a speaker, Hemingway shares her own evocative story about growing up in a home with great challenges in order to inspire others to overcome their own tribulations. Hemingway seeks to cultivate compassion and understanding and to break down the stigma so often associated with the discussion of mental illness. In a high-tech world, Mariel is considered an expert in solutions which facilitate finding one's authentic voice while experiencing the greatest sense of personal power, life balance, joy, fitness, authenticity and peace of mind. In 2014, Mariel and Oprah Winfrey executively produced, Running From Crazy, an Emmy nominated documentary that focuses on the seven most recent suicides in the Hemingway family.

Mariel’s recent book releases include:

- Out Came The Sun: Overcoming the Legacy of Mental Illness, Addiction, and Suicide in My Family, a memoir about growing up and escaping the tragic legacy of mental illness, suicide, addiction, and depression in one of America’s most famous families.
- Invisible Girl, a tender engaging book written in diary form for teen and tweens.

Mariel’s best-selling books include:

- Finding My Balance: A Memoir with Yoga, a story that reflects her life’s journey through the lens of her yoga and meditation practices.
- Healthy Living from the Inside Out, a how-to guide on finding a greater sense of balance and meaning through self-empowering techniques and strategies.

Mariel Hemingway is speaking on Friday evening May 6th at 7:30 pm. She will be introduced by Mary Giliberti, JD, Chief Executive Officer, National Alliance on Mental Illness (NAMI). Ms. Hemingway will speak about her personal experiences and shared excerpts from her memoir - Out Came the Sun.
National Alliance on Mental Illness (NAMI) – Greenville, South Carolina is a non-profit, grass-roots organization, dedicated to building better lives for individuals affected by mental illness. Each year, in collaboration with the Southeastern Symposium on Mental Health, NAMI Greenville will recognize and honor one outstanding medical and/or research student in the area of mental illness, one mental health professional, and community leader and advocate in the area of mental health. Congratulations to our illustrious recipients of the 2016 SESMH/NAMI Mental Health awards!

**SESMH/NAMI Professional Mental Health Advocate Award**
Mr. Robbie Shoenleben, MA

Robbie Shoenleben attended Wright State University in Dayton Ohio where he received his undergraduate education in Art Education and Master's Degree in Art Therapy. Following graduation he moved to Anderson, SC to work as an Art Therapist at Harris Psychiatric Hospital. He served as President of the South Carolina Art Therapy Association from 1989 to 1994. From 1986 to 1989, he was an Adjunct Professor at Converse College where he developed and taught in the Undergraduate Art Therapy program that is still going strong today. In 1995, he began his career with the Greenville Health System in many different roles – initially as an Art Therapist, then Social Worker, Lead Clinical Therapist, Clinical Therapy Coordinator and now in his current position as Manager of the Clinical Assessment and Referral Center, which includes the assessment office at Marshall I. Pickens Hospital, the Psychiatric Social Workers at the Greenville Memorial Emergency Room, Probate Court Liaison, and the Consultation Liaison Service for the GHS Department of Psychiatry and Behavioral Medicine. During his career Robbie has developed an appreciation of the necessity for community members, and both public and non-profit organizations, healthcare and other businesses, to work together to provide the spectrum of services needed to care for those living with mental illness. In addition, Robbie believes it is essential that those providing services today should create opportunities for young people who are interested in healthcare with training, mentorship, and support to help reduce the sigma of mental illness and improve the quality of care in the future.

**SESMH/NAMI Community Mental Health Advocate Award**
Ken C. Miller, Chief of Police, Greenville Police Department

Ken Miller joined the Greenville Police Department as Chief of Police in September 2014. As the chief to the city and state, he has focused his early attention on understanding, developing and enhancing police community relationships, and understanding how the department functions. He has laid new foundations to improve policing, community outreach, collaborative problem solving and accountability within the Department.
Chief Miller served as the Chief of Greensboro Police Department in Greensboro, N.C. and he lead the City of Greensboro for four years. While serving as chief he made numerous accomplishments.

Chief Miller has been widely acknowledged for significantly improving community confidence, trust and perceptions of police among all demographic groups, achieving an overall 80 percent community satisfaction rating in 2013. Prior to serving as the Police Chief of Greensboro he began his career at the Charlotte-Mecklenburg Police Department from 1989-2010 rising to the rank of Deputy Chief until accepting the Chief of Police in Greensboro, NC.

Chief Miller has bachelor’s degrees in criminal justice and political science from East Tennessee State University and a Master’s Degree in public administration from the University of North Carolina at Charlotte. Chief Miller is also a veteran of the United States Air Force.

---

**SESMH/NAMI Mental Health Professional Student Award**  
**Louis Viamonte, MD, Chief Resident in Psychiatry**

Dr. Louis Viamonte was born in San Diego, CA and raised in Dalton, GA. He left Auburn University to join the U.S. Navy. While enlisted, Dr. Viamonte realized that “if you don’t do something that makes you happy, you’ll be miserable”. Dr. Viamonte returned to college with the goal of helping others through practicing medicine. He obtained his Masters in Biology from University of Alabama, Birmingham and went on to graduate from Creighton University School of Medicine. After completing 2 years of Obstetrics and Gynecology residency training at the Phoenix Integrated Residency of Obstetrics and Gynecology in Phoenix, AZ, Dr. Viamonte realized an increased interest in mental health which prompted his change in specialty to psychiatry. Dr. Viamonte was recently selected as Chief Resident of the Psychiatry Residency program with the University of South Carolina School of Medicine- Greenville in Greenville, South Carolina. Dr. Viamonte has an abiding passion for preventive medicine and is committed to health promotion.
ENTERTAINMENTS

To accompany the stimulating Friday evening events, the SESMH, 2016 will offer you exciting social activities and networking opportunities to conclude the night. These include:

Silent Action

The Silent Action is in Support of the National Alliance on Mental Illness (NAMI) Greenville. NAMI– Greenville, South Carolina is a non-profit, grass-roots organization, dedicated to building better lives for individuals affected by mental illness. NAMI works throughout the community to raise awareness, provide support, education and advocacy for those affected by mental illness. NAMI–Greenville relies on the gifts and contributions from our community to sponsor their educational and support programs which are offered free to the community. For example, last year over 4000 individuals and families affected by mental illness attended these programs free of charge. Join us in supporting the Silent Action for a good cause – NAMI! Your generosity in giving will help impact the lives of others.

A vignette – The Struggles of Mental Illness – Portrayed by Ann Lewis

Most people believe that mental disorders are rare and "happen to someone else." In fact, mental illnesses are common and widespread. According to the National Institute of Mental Health, 1 in 5 Americans will experience a mental illness and it has been estimated 54 million Americans suffer from some form of mental disorder in a given year. Mental illness affects us all. Mental illness is a disease that causes mild to severe disturbances in thought and/or behavior, resulting in an inability to cope with life's ordinary demands and routines. This vignette – The Struggles of Mental Illness, by Ann Lewis is a portrayal of what it is to live with mental illness.
Musical Entertainment– Sonny Thornton All-Stars Jazz Band!

We are pleased to have Sonny Thornton All-Stars Jazz Band for our musical entrainment at our Pre-conference on Thursday, May 5th at 7:40pm and Friday May 6th at 8:15pm. They will bring their unique musical talents to enrich the Symposium and provide their support. We hope you will take the time to come by and enjoy this talented group.
Our honored guest, Rep. Patrick J. Kennedy is a pioneer in mental health policy and advocacy. He served Rhode Island’s First Congressional District for 16 years, championing causes essential to the well-being of all Americans. During his time on Capitol Hill, Mr. Kennedy was the author and chief sponsor of the Mental Health Parity and Addiction Equity Act, groundbreaking legislation that guaranteed, for the first time in history, equal access to mental health and addiction services. Calling it the “civil rights issue of our time,” Mr. Kennedy successfully oversaw the bill’s passage, and in 2008, it was signed into law by President George W. Bush.

Upon leaving Congress in 2011, Mr. Kennedy made a promise: to be a vocal advocate for the full and unequivocal implementation of the 2008 Parity law, and to push for a greater global investment in brain research, which Mr. Kennedy says is the “next great frontier in medicine.” To make that promise a reality, Mr. Kennedy has been instrumental in the formation of two innovative organizations: One Mind for Research and the Kennedy Forum on Community Mental Health. As a co-founder of One Mind for Research, Mr. Kennedy is leading the call to revolutionize the ways we study, diagnose, and treat brain diseases. To achieve these objectives, One Mind is pioneering an innovative approach to open science that ensures that scientific research, results, and data are available and accessible to everyone. This forward-thinking approach puts a premium on collaboration and innovation, ensuring that patients will receive quicker, better, and more effective diagnoses and treatments.

Rep. Kennedy is also the founder of The Kennedy Forum on Community Mental Health. The Forum, first organized to celebrate the 50th anniversary of President John F. Kennedy's signing of the landmark Community Mental Health Act, is part of Mr. Kennedy's ongoing national dialogue about the state of mental health in America. The Forum's mission is to unite the nation's health care system and rally the mental health community around a common set of principles: fully implement the 2008 parity law, bring business leaders and government agencies together to eliminate issues of stigma, work with providers to guarantee equal access to care, ensure that policymakers have the tools they need to craft better policy, and give consumers a way to understand their rights.
In October 2015, Mr. Kennedy released his latest book, *A Common Struggle*, which details his personal and political battle with mental illness and addiction. The book, part memoir and part call-to-action, explores mental health care’s history in the country, alongside his and every family’s private struggles.

**Patrick J. Kennedy’s Key Legislative Achievements**

Rep. Kennedy has authored and co-sponsored dozens of bills to increase the understanding and treatment of neurological and psychiatric disorders, including the National Neurotechnology Initiative Act, the Genomics and Personalized Medicine Act, the COMBAT PTSD Act, The Nurse-Family Partnership Act, the Positive Aging Act, the Alzheimer's Treatment and Caregiver Support Act, and the Ready, Willing, and Able Act, which called on the Department of Homeland Security to deploy a civilian response system to blunt the psychological impact of terrorism.

**Awards and Other Recognition**

Rep. Kennedy has been recognized by many organizations for his mental health advocacy and leadership. He is the recipient of the American College of Neuropsychopharmacology Distinguished Service Award, the Society for Neuroscience Public Service Award, the Peter C. Alderman Foundation Humanitarian Award, the Clifford Beers Foundation Centennial Award, the Autism Society of America Congressional Leadership Award, the Depression and Bipolar Support Alliance Paul Wellstone Mental Health Award, and the Epilepsy Foundation Public Service Award.

---

**SESMH/ELLISON MENTAL HEALTH STUDENT AWARD**

The Southeastern Symposium on Mental Health Student Award supported by Curt and Becky Ellison recognizes a student that has shown outstanding commitment to mental health. Curt and Becky Ellison have a long history with Greenville Health System Department of Psychiatry and Behavioral Medicine. Together they have worked a total of 70 years (Curt 41 and Becky 29 years). They both have been described as visionaries and leaders in the field of mental health. This Ellison award will recognize and honor an outstanding student in the field of mental health.

Emily is a third year student at Clemson University double-majoring in Psychology and Genetics. Emily added her second major in Genetics in order to gain a holistic understanding of mental health, both inherited and idiopathic. The expanded education will help her in future efforts to understand gene-by-environment interaction in the development of psychiatric disorders. Emily’s future goals include attending graduate school to attain a Public Health degree, likely in the field of Biostatistics, where she hopes to engage in projects that allow her to study the determinants of mental health disorders and improve treatment options. Please join us in congratulating Emily on receiving the Curt and Becky Ellison Mental Health Student Award.
**SOUTHEASTERN SYMPOSIUM ON MENTAL HEALTH SPECIAL RECOGNITION**

**Mrs. Clare K. Blake**

Ms. Claire Blake is a graduate of the University of South Carolina and graduated Magna Cum Laude with a B.A. in Art History and Interior Design. Since her graduation she has developed an impressive resume reflecting a wealth of experience in business development and marketing. She has sixteen years’ experience in business development and marketing of planning, design, and construction administration services for corporate, commercial, cultural arts, educational, governmental, health care, and industrial clients. In addition, she also participated on community boards and volunteer activities to include Cancer Society of Greenville County, Christ Church Episcopal Altar Guild, and the South Carolina Governor’s School for the Arts and Humanities, the Warehouse Theatre and many others. Her heart for service and dedication working on behalf of the citizens of Greenville community will likely never be fully appreciated and known to those whose life she has made better through her efforts. This kind of selflessness is as rare, and we are luckily to have her serving our community.

---

Special thanks to Ms. Karen Cooke, LISW-CP, Chair, Award Committee, Ms. Jessica Anderson, CPC, MSM, Chair, Volunteer Committee, Aleisha Davis and Princess Black, Symposium Administrative Assistants, Elaine Hester for taking the lead on the Silent Action, NAMI Greenville, and all volunteers and supporters that helped to make this event possible.
SYMPOSIUM PROGRAM

Southeastern Symposium on Mental Health
Translating Research into Practice and Policy: Trends in Adults Psychiatry

Pre-Conference Event – Thursday, May 5, 2016 Studio B & C (Upstairs)

Topic: Building Bonds, Breaking Barriers: Voices of the Underserved

5:30 – 6:00 pm Arrival and Entertainment (Hors d’oeuvres)

6:00 – 6:10 pm Welcome and Introductions
Dr. Eunice Peterson, Chair, Program Committee

6:10 – 6:50 pm Programs Addressing The Plight of the Underserved
Ken Dority, Executive Director, Greenville, National Alliance on Mental Illness (NAMI)

6:50 – 7:40 pm Crisis Intervention Training (CIT) Program
Speakers: Ken C. Miller, Chief of Police, Greenville Police Department, & Stacey L. Owens, Captain, Criminal Investigations Division/Crisis Intervention Team/Training Coordinator, Greenville Police Department

7:40 – 8:00 pm Entertainment and Networking

8:00 pm Adjourn
**DAY 1 – FRIDAY, MAY 6, 2016**

**AM Poster Session in Exhibit Room until 12:50 pm**

**Plenary Session**
Regency Ballroom

7:00 – 8:30 am  **Registration**

8:00 – 8:30 am  Continental Breakfast & Registration
Exhibit Room – Regency Ballroom A & B

8:30 – 8:35 am  Welcome and Introduction by – **Dr. Kenneth Rogers,**
Professor and Chair of the Dept. of Psychiatry and Symposium Co-Chair

8:35 – 8:40 am  Introduction of Keynote Speaker – **Mr. John H. Magill,**
State Director, South Carolina Department of Mental Health (DMH)

8:40 – 10:00 am  Depression and Comorbid Medical Illness: Towards Integrated Care – Regency Ballroom C

**Keynote Speaker: Dr. Meera Narasimhan,** Professor of Neuropsychiatry and Behavioral Science

10:00 –10:20 am  **BREAK** (Located in the Exhibit Room along with Poster Session)

**Session 1 – AM Breakout**

**Clinical Track**
Moderator for each Session: Chair: Sammie Tate, RN

10:20 –11:20 am

Accelerated Resolution Therapy (ART): An Emerging Evidence-Based Therapy for Treatment of Post-Traumatic Stress Disorder (PTSD) and Related Comorbidities
**Speaker: Kevin E. Kip, PhD**

Identification and Treatment of Mood Disorders in the Perinatal Period
**Speaker: Stephanie Berg, MD**

Physical Pain Alleviation: Effective Hypnotic Treatments
**Speaker: Fredric Mau, D.Min, M.A., M.Div., LPC, DCC**
Community Track
Moderator for each Session:  Chair: Bonnie Brown, LISW–CP, CEAP
10:20 –11:20 am

What Do You Do When Your Anti–depression Medicine isn't working?

Speaker:  David Moore, MD

Complex Grief of Those Who Lost a Loved One To Suicide

Speaker: Becky Kay

Neurobiology of Substance Use Disorders

Speaker: Roy Smith, MD

Mental Healthcare Disparities: New Alternatives and Resources

Speaker: Ken Dority, Executive Director NAMI Greenville

Session 2 – AM Breakout
Clinical Track
Moderator for each Session:  Chair: Dr. Michael Catalana
11:25 am –12:25 pm

Algorithmic Identification of Media and Category Preferences in those with Neurocognitive Disorders

Speaker: Sean Christensen, Robert Gereige, Victor Hirth, MD

The Subjective Nature of the Religious Experience and Aversion to Mental Health Treatment

Speaker: John B. Hartman II, DMin

Best Practices for Prompt Follow–up

Speaker: Ginger DeFrancesch, MA

Community Track
Moderator for each Session:  Chair: Darin Thomas, MSW
11:25 am –12:25 pm

Creating a Community Where Faith and Mental Illness Meet

Speaker: Kurt Stutler, MDiv

Peer–Based Co–Occurring Disorder Recovery Coaching: A New Paradigm

Speaker: Richard Jones, MA, MBA

Question, Persuade, Refer (QPR) For Suicide Prevention – (1–Hour Certification Workshop)

Speaker: Jean Ann Lambert, MRC
12:25 – 1:25 pm  **LUNCH (Upstairs in Gallery A) (2nd Floor)**

**Poster Session in Exhibit Room** starts at Lunch time until 5:30 pm

Drawing for Door prizes, distribution of paper evaluations to those who do not wish for credit and instructions given to those wanting to obtain credit

**Plenary Session**
Regency Ballroom

1:30 – 1:35 pm  
Introduction of Keynote Speaker–  **Kenneth Rogers, MD, MSPH, MMM**, Professor and Chair of the Dept. of Psychiatry and Symposium Co–Chair

1:35–2:35 pm  
Why is Bipolar Disorder a Cardio–Metabolic Risk?  
**Keynote Speaker:**  **Dr. Vladimir Maletic**, Clinical Professor of Neuropsychiatry and Behavioral Science

2:35 – 2:40 pm  
Introduction of Keynote Speaker–  **Beth Riley, MSW, LISW–CP, CEDS**  
Founder and Director, The Riley Center

2:40 – 3:40 pm  
Recent Findings in Anorexia and Bulimia – Ballroom C  
**Keynote Speaker:**  **Dr. Phil Mehler**, Executive Medical Director & Chief Medical Officer of Eating Recovery Center

3:40 – 3:55 pm  
**BREAK (Located in the Exhibit Room along with Poster Session)**

**Concurrent Sessions**
**Session 3 – PM Breakout**

**Clinical Track**
Moderator for each Session:  Chair: Dr. Lynda Sykes

4:00– 5:00 pm

Adult ADD and Co–occurring Substance Use Disorders:  What is it?  How do you diagnose it?  How do you treat it?  
**Speaker:**  **John Roberts, MD**

Mental Health and the Returning Warriors  
**Speaker:**  **Benjamin F. Griffeth, MD**

Update on Practice Guidelines for the Psychiatric Evaluation of Adults  
**Speaker:**  **Julius Earle, MD**
Employing the Use of Light Therapy, Melatonin, and Vitamin D in the Treatment of Neuropsychiatric Diseases: Shining the Light–An Update
Speaker: Miles Ardaman, MD

Community Track
Moderator for each Session: Chair: Dr. Helene Cook
4:00– 5:00 pm

Psychiatric Crisis 911....Where?
Speaker: Bridget Barron, RN–BC, BSN

Mental Health Ethics: Mapping the Terrain
Speaker: Jim Hayes, MD; Steve Williams, JD

Addressing Socioeconomic and Psychosocial Barriers in a Patient–Centered Medical Neighborhood Model
Speaker: Jennifer Snow, MBA, Tierney Gallagher, Darin Thomas, LMSW

Main Ballroom

DINNER
With Honored Speaker, Mariel Hemingway
6:30 – 7:30 pm
Networking/ Silent Auction
7:30 – 8:00 pm
Introduction of Dinner Speaker – Mary Giliberti, JD
Chief Executive Officer, NAMI

Title: Out Came the Sun

Mariel Hemingway – Prolific Author, Healthy Lifestyle Brand Entrepreneur, and a Tireless Mental Health Awareness and Suicide Prevention Program Advocate.

8:00 – 8:15pm
Award Presentations – Mary Giliberti, JD
Chief Executive Officer, NAMI

8:15 – 10:30 pm
Musical entertainment, and a Vignette – The Struggles of Mental Illness – Portrayed by Ann Lewis – Main Ballroom
DAY 2 – SATURDAY, MAY 7, 2016

AM Poster Session in Exhibit Room until 12:50 pm

7:00 – 7:45 am 12– Step Open Recovery Meeting
Facilitators – Lauren Smith–Nagel; Paton Blough

Plenary Session
Regency Ballroom

8:00 – 8:30 am Continental Breakfast and Registration – Regency Ballroom A & B

8:30 – 8:35 am Welcome – Dr. Kenneth Rogers, MD, MSPH, MMM, Professor and Chair of the Dept. of Psychiatry and Symposium Co–Chair

8:35 – 8:40 am Introduction of Keynote Speaker – Lauren Smith–Nagel

8:40 – 10:00 am Integrating Treatment for Substance Use and Co–Occurring Disorders (COD) – Regency Ballroom C
Keynote Speaker: Dr. John Roberts

10:00 – 10:20 am BREAK – Located in the Exhibit Room along with Poster Session

Concurrent Sessions

Session 1 – AM Breakout

Clinical Track
Moderator for each Section: Chair: Mary Irby, MSW
10:20 – 11:20 am

Treating the Agitated Patient: Cases and Caveats – (Limit: 60)
Speaker: Calvert Warren, MD

Intervening to Reduce the Stigma and Encourage the Support of Soldiers Seeking and Remaining in Mental Health Treatment – (Limit: 30)
Speaker: Thomas W. Britt, PhD

Obamacare and Mental Health, What’s the Big Deal?
Speaker: Kenneth Rogers, MD
Community Track
Moderator for each Session: Chair: Brailun Peters
10:20 – 11:20 am

Suicide Prevention: Everyone Has a Role
**Speaker: Jennifer R. Piver**, Executive Director of MHA Greenville

Mental Health: Patients, Families and Caregivers Working with the Probate Court
**Speaker: Judge – Debra Faulkner**, Greenville County Probate Judge

Using Focus Groups and Qualitative Research to Keep Outcomes Patient-Centered (Providers)
**Speaker: Eunice Peterson, MD, Karen Cooke, MSW, LISW-CP, Sharon M. Holder, PhD, MSc, MSW**

Understanding Unique Qualities of African American Grief and Spirituality in the Behavioral Health Setting
**Speaker: Brooks Heard**

Session 2 – PM Breakout
Clinical Track
Moderator for each Session: Chair: Glenda Hayes
11:25 am – 12:25 pm

The Body Remembered; the Brain Reacts: Clinical Applications of Understanding the Underlying Connections Between Eating Disorders and Trauma
**Speaker: Norman Kim, PhD**

Lincoln’s Hat: Local Trends and Integration in Community Mental Health Treatment Service Delivery
**Speaker: Al Edwards, MD**

Scopolamine for Management of Extrapyramidal Side Effects as a Result of Antipsychotic Medication Use: A Case Report and Brief Review of Literature
**Speaker: Daniel Lampignano, MD, MS., Taral R. Sharma, MD, MBA**

Occupational Hazard: When Doctors or Lawyers Get Depressed
**Speaker: Stuart Mauney, JD**
Community Track
Moderator for each Session: Sharon Holder (Chair)
11:25 am – 12:25 pm

Mental Health Roundtable: Advocacy in Action!
Facilitator: Brian LeDuc, MD

Using Focus Groups and Qualitative Research to Keep Outcomes Patient-Centered (Community)
Speaker: Cheryl Dye, PhD and Sarah F. Griffin, MPH, PhD

The Family Transformation Model for Women and Children
Speaker: Alan Lyme, LISW, CADC-II, CCS

Plenary Session & Luncheon
Main Ballroom

12:30– 12:35 pm Welcome – Mr. Michael C. Riordan, President and Chief Executive Officer, Greenville Health System

12:35–12:40 pm Introduction of Keynote Speaker – Richard (Dick) W. Riley, former U.S. Secretary of Education

12:40 – 1:40 pm Title: My Journey: Making Mental Health Essential Health—Regency Ballroom C

Keynote Speaker: The Honorable Patrick J. Kennedy, former U.S. Representative and Mental Health Advocate

1:45 – 2:00 pm Award Presentation and Recognition

2:00 – 2:10 pm Conclusion – Dr. Sharon Holder, Symposium Chair and Dr. Eunice Peterson, Symposium Program Chair

2:10 – 2:20 pm Closing Remarks – Dr. Windsor Westbrook Sherrill, Associate VP for Health Research, Professor, Public Health Sciences & GHS Chief Science Officer

2:20 – 2:30 pm Drawing/Announcement of Door prizes – Symposium Co-chair Dr. Kenneth Rogers, Professor and Chair of the Department of Psychiatry

2:30 pm Adjourn
POSTER SESSIONS

Please join us for our poster presentations on Friday, May 6. We have exciting and innovative topics to share. The presenters will be available to discuss the poster from 7:30-8:30AM, 10:00-10:30AM, and 3:30-4:00PM.

List of Posters

1. Robin Kowalski, PhD & Megan Morgan
   Technology to Overcome the Stigma of Mental Illness

2. Bridget Barron, RN-BC, BSN & April Monnich, RN-BC, CMSRN
   Care...Do I Have To?

3. Matthew F. Hudson, Ph.D., M.P.H., Mark A. O’Rourke, M.D., Kerri Susko, M.S.W., Elizabeth Crowley, Ph.D., Regina A. Franco, MSN.
   Psychometric Properties of an Inventory Facilitating Cancer Patient Vetting to Social Services

4. Mark A. O’Rourke, MD, Regina Franco MSN, ANP-C, Kerri Susko, LISW-CP, OSW-C, William M. Hendry, DOM, L.Ac, Elizabeth Crowley, Ph.D., RN, MSW, LMSW, Alex Christ, B.S., JP Ginsberg, PhD, James Burch, MS, PHD
   Use of Heart Rate Variability (HRV) Biofeedback for Symptom Management among Cancer Survivors at the Greenville Health System Cancer Institute Center for Integrative Oncology and Survivorship (CIOS)

5. Valorie Brooks BSN RN CRRN CBIS; Susan Bethel MSN RN NE-BC; Lynette Gibson PhD RN;
   Mental Changes of Chemo Brain Affecting Women with Breast Cancer

6. Benjamin T. Griffeth, MD
   Successful Integration of a Psychiatry/Neurology Clerkship

7. Christian Ochonma, M.D., MPH, Dawn Blackhurst, DrPH, Calvert Warren, M.D, Sharon M. Holder, PhD., MSc., MSW
   Utilization of the Emergency Department for Psychiatric Visits by Adult Population over a 5 Year Period

8. Sharon M. Holder, PhD, MSc, MSW, Calvert Warren, MD, Benjamin Griffeth, MD, Lynda Sykes, PharmD, Robbie Shoeneleben, MA, Rebecca Stephens, MA, Kenneth M. Rogers, MD, MSPH, MMM, Dawn Blackhurst, DrPH, Robyn Ellison, MEd, Eunice Peterson, MD, Christian Ochonma, MD, MPH
   Involuntary Processes: To Commit or Not to Commit?
#WhatsTrending: Bridging the Gap Between Research, Practice and Care in the Mental Health of Children and Adolescents

Don’t forget to mark your calendar!

You Can Expect:

- A stimulating academic and community program
- Amazing keynote speakers and advocates
- Comfortable accommodation in beautiful downtown Greenville, SC
- Fun social events and entertainments
- Great food and drink including a ‘Taste of Greenville’ Symposium Dinner

Find out more at: [http://www.sesmh.org](http://www.sesmh.org) or Contact us at: [info@sesmh.org](mailto:info@sesmh.org)