

## **PCORE Vision**

Improved health and wellbeing of employees and their families, institutional partners, and community partners.

## **PCORE Mission**

To partner with employees to develop patient centered outcomes research initiatives that meet the unique needs and interests of employees, and to facilitate collaboration between researchers, institutional partners, and community partners.

## **PCORE Guiding Values**

Through times of growth and change, our core values provide continuity and a moral compass, communicating our beliefs and guiding our behavior. Therefore, as members of the PCORE team we affirm and enact the following values and behaviors:

- **Professionalism**
  - Accountability and ethical behavior ensures our commitment to nurture an inclusive, diverse community that fosters partnership, collaboration, and the accomplishment of our goals.
- **Community**
  - Bringing together members of the PCORE partnership, employers, researchers, employees, and community members is the best way to advocate for sustainable patient centered outcomes research in the Near West Side. As a community, we support one another and we work to empower each other. We encourage diverse viewpoints by inviting others to help improve PCORE.
- **Communication**
  - We keep each other informed with regular and timely communication. We actively encourage open input and are transparent in communicating with one another.
- **Confidentiality**
  - We protect the private information that is shared by stakeholder panel members and other participants. We understand and respect the trust that is placed in us to keep personal experiences confidential.
- **Integrity**
  - We act with honesty and accountability to fulfill the commitments that we undertake – we do what we say we will do. When we make errors, we make corrections promptly.

## **Patient Centered Outcomes Research for Employees (PCORE)**

### Employee Recruitment Talking Points

#### Introduction of PCORE

- *(Insert organization name, i.e. Advocate Aurora/Harley-Davidson/etc.)* is collaborating with the Near West Side Partnership and Marquette University on a two-year initiative called Patient Centered Outcomes Research for Employees to learn more about the employee perspective on workplace health and wellness.
- PCORE seeks to build relationships with employers and employees to better understand the extent to which employees are involved in workplace health and wellness, as well as develop the capacity to do future health and wellness research at each institution.
- PCORE currently needs employee representatives who manage two or more chronic health conditions to be a part of a stakeholder panel. Employees will share their experiences and insight with panel members.
- Based on what you have shared with me and what I have learned about you through our work together, you seem like you would be a good fit for this project.

#### Employee Participation Details

- There will be an initial employee onboarding meeting with the PCORE Resource Officer and PCORE project co-leads prior to the panel meetings so that any questions or concerns you have can be addressed.
- Panel meetings occur every other month for the next year and a half (starting March 2019 until September 2020)
- Panel meetings are approximately an hour and a half long and occur on Thursday during the early afternoon.
- Any health or personal information that you share during meetings will be kept confidential.
- Employees' perspectives will be used to better understand and integrate employee/patient preferences into health research.

#### Next Steps

- Your participation in PCORE is completely voluntary. Whatever you decide to do is perfectly fine!
- You may also choose to withdraw your participation at any point in time.
- If you would like more information or to get involved, please contact the PCORE Resource Officer Marissa Lovell at [pcore@nearwestsidepartners.org](mailto:pcore@nearwestsidepartners.org) or 414.288.4599.

## PCORE Stakeholder Panel Meeting 4

### Designing a Research Question Using PICOTS

#### TOPIC SELECTION

List three topics of interest for employee health and wellbeing research in your organization:

*(Example topics: weight loss/management, diabetes prevention/management, injury prevention, sleep improvement, increasing immunization rates, depression/anxiety treatment, etc.)*

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#### DEFINITION OF PICOTS FRAMEWORK

**Population:** Refers to the participants involved in the research study.

**Intervention(s):** Refers to the strategy or strategies that are being tested, including patient engagement and education techniques, treatment options, or program choices.

**Comparison:** Refers to the group of participants who receive a placebo or usual care as a reference to compare with the intervention.

**Outcome(s):** Refers to the result that is measured to examine the effectiveness of the intervention.

**Timing:** Refers to the duration and timeline of the research study.

**Setting:** Refers to where the research study takes place.

#### STUDY EXAMPLE

**TOPIC/PROBLEM:** Employee smoking cessation.

<b>Population</b>	Employees of a multinational company based in the United States who smoke cigarettes. <i>(Individual participants were stratified according to work site, heavy or nonheavy smoking, and income.)</i>
<b>Intervention</b>	Receiving information about smoking-cessation programs plus financial incentives for quitting. <i>(The financial incentives were \$100 for completion of a smoking-cessation program, \$250 for cessation of smoking within 6 months after study enrollment, and \$400 for abstinence for an additional 6 months after the initial cessation.)</i>
<b>Comparison</b>	Receiving only information about smoking-cessation programs.
<b>Outcome</b>	The primary outcome was smoking cessation 9 or 12 months after

	enrollment in programming. <i>(Secondary outcomes were smoking cessation within the first 6 months after enrollment and rates of participation in and completion of smoking-cessation programs.)</i>
<b>Timing</b>	A total study duration of 12-18 months depending on smoking cessation status. Participants were contacted for interviews every 3 months.
<b>Setting</b>	Company work sites throughout the United States.

**APPLIED EXERCISE**

Choose one topic to focus on and write it at the top of the PICOTS table.

**TOPIC/PROBLEM:** \_\_\_\_\_

<b>Population</b>	
<b>Intervention</b>	
<b>Comparison</b>	
<b>Outcome</b>	
<b>Timing</b>	
<b>Setting</b>	