STATE PORTFOLIO

Idaho

5 PROJECTS*

$3.6 MILLION AWARDED

*One research project and four projects that support engagement awards. As of May 2020.

STUDY SPOTLIGHT: MENTAL HEALTH

Suicide Prevention Strategies Following Healthcare Provider Visit

Suicide is a leading cause of death in the United States, and Idaho has one of the highest suicide rates in the country. Half of people who die by suicide visit their healthcare provider within a month of their death. This research project compares two evidence-based approaches to prevent suicide: (1) safety planning, including coping and support strategies, versus (2) safety planning plus follow-up support from a suicide prevention hotline. The follow-up intervention will include a phone call and a series of supportive text messages from a suicide prevention hotline specialist to the patient every week or two for about a year.

TOPICS STUDIED INCLUDE

- Mental Health
- Diabetes
- Advanced Planning
### RESEARCH PROJECT

#### The SPARC Trial: Comparing Safety Planning Plus Structured Follow-Up from a Suicide Prevention Hotline to Safety Planning Alone for Suicide Prevention among Adult and Adolescent Recipients of Care in Emergency Departments and Primary Care Clinics

St. Luke’s Health System  
$3.3 M

### ENGAGEMENT IN RESEARCH PROJECTS

<table>
<thead>
<tr>
<th>Project Description</th>
<th>Institute</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Using Social Media Engagement to Raise Pre-Diabetes Awareness for Latinos</td>
<td>Idaho State University</td>
<td>$250,000</td>
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<tr>
<td>Comparative Effectiveness of Pre-Diabetes Approaches in Rural Latino Populations (Tier A)</td>
<td>Idaho State University</td>
<td>$50,000</td>
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<tr>
<td>Advanced Care Planning Research Collaborative (Tiers I and II)</td>
<td>Jannus, Inc. and Boise State University</td>
<td>$40,000</td>
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