

STATE PORTFOLIO

# North Carolina

**59**  
PROJECTS\*

**\$169**  
MILLION  
AWARDED

*\*Including 40 research projects, 14 projects that support engagement in research, and 5 awards to build research infrastructure. As of January 2019.*

## AWARDEE AND COMMUNITY PARTNERS INCLUDE

- Carolinas Medical Center
- Duke University
- National Diabetes Education Program
- North Carolina Area Agencies on Aging
- North Carolina Diabetes Advisory Council
- North Carolina Stroke Care Collaborative
- RTI International
- Telecare
- University of North Carolina, Chapel Hill
- UNC Family Medicine Patient Advisory Council
- Wake Forest University Health Sciences



## STUDY SPOTLIGHT: PROSTATE CANCER

### Prostate Cancer Treatment Comparative Effectiveness Study

This project examined outcomes after two years among a racially diverse group of men with localized prostate cancer who underwent surgery, radiation, or active surveillance. It found that men who chose either surgery or radiation reported more side effects than those who chose active surveillance. It also found that, regardless of treatment, the men's quality of life and adverse effects were similar after 24 months. The project was led by rSesearchers at the University of North Carolina, Chapel Hill.

## CONDITIONS STUDIED INCLUDE



Asthma



Cancer



Cardiovascular  
Disease



Diabetes



Opioid Use

PROJECTS FUNDED IN NORTH CAROLINA INCLUDE:

## RESEARCH PROJECTS

Comparing Two Aspirin Doses to Prevent Heart Attacks and Strokes in People Living with Heart Disease	Duke University	\$19 M
Comparing Three Medicines to Prevent Blood Clots in Patients Who Need Long-Term Blood-Thinning Treatment	Duke University	\$15 M
Comparing Ways to Improve Daily Functioning for Stroke Survivors after They Leave the Hospital	Wake Forest University Health Sciences	\$14 M
Peer Mentoring versus Structured Education-Based Transition Programming for the Management of Care Transitions in Emerging Adults with Sickle Cell Disease	Carolinas Medical Center	\$9.8 M
Strategies to Reduce Opioid Use While Managing Chronic Pain	RTI International	\$9 M
Reducing Disparities in the Quality of Palliative Care for Older African Americans through Improved Advance Care Planning	Duke University	\$6.1 M
Cognitive Behavioral Therapy versus Yoga for the Treatment of Worry in Anxious Older Adults	Wake Forest University Health Sciences	\$2.1 M
Does Daily Self-Monitoring of Blood Sugar Levels Improve Blood Sugar Control and Quality of Life for Patients with Type 2 Diabetes Who Do Not Use Insulin?	University of North Carolina, Chapel Hill	\$2.1 M
A Program for Chronic Disease Self-Management for Black Men	Gramercy Research Group	\$2.1 M
Physical Therapy versus Internet-Based Exercise Training for Patients with Knee Osteoarthritis	University of North Carolina, Chapel Hill	\$1.9 M
Pain Coping Skills Training for African Americans with Osteoarthritis	University of North Carolina, Chapel Hill	\$1.9 M
Can Coping Skills Training Help Patients Who Have Received Intensive Hospital Care to Cope with Depression and Anxiety?	Duke University	\$1.8 M
Helping Latino Parents Learn Skills to Manage Their Children's Mental Health Care	University of North Carolina, Chapel Hill	\$1.7 M
Measuring Patient-Centered Communication for Colorectal Cancer Care	RTI International	\$1 M
Comparative Effectiveness of Rehabilitation Services for Survivors of an Acute Ischemic Stroke	Duke University	\$960,000

## ENGAGEMENT IN RESEARCH PROJECTS

Building Research Capacity in the Dialysis Community at the Local Level	University of North Carolina, Chapel Hill	\$250,000
Defining Unmet Patient-Centered Healthcare Needs in the Fourth Trimester	UNC Center for Maternal and Infant Health	\$250,000
Tools for Engagement: Building Capacity for PCOR within Community Behavioral Health Organizations Serving Latinos	El Futuro, Inc.	\$240,000
Building Skills and Collaborative Relationships toward Patient Engagement in Comparative Clinical Effectiveness Research	Granite Falls Family Medical Care Center Patient Advisory Council	\$50,000
Robeson County Diabetes Wellness Day	University of North Carolina, Chapel Hill	\$50,000
Building a Research Partnership with Federally Qualified Health Centers to Address Chronic Conditions in Vulnerable Populations	University of North Carolina, Wilmington	\$47,000
Building Networks for Comparative Research with Youth Caregivers and Older Adults (Tiers I and II)	University of North Carolina, Chapel Hill	\$40,000
Fostering Community-Based Research Priorities for Diabetes and Hypertension Self-Management (Tiers I and II)	EthosExcel	\$40,000

## RESEARCH INFRASTRUCTURE PROJECTS

The Patients, Advocates and Rheumatology Teams Network for Research and Service Consortium (Phases I and II)	Duke University	\$2.4 M
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