



STATE PORTFOLIO

Vermont

2
PROJECTS*

\$18.5
MILLION
AWARDED

**Including one research project and one project that supports engagement in research. As of October 2018.*

AWARDEE AND COMMUNITY PARTNERS INCLUDE

- American Psychiatric Foundation
- Beacon Health Options
- CMS Innovation Center
- Global Healthy Living Foundation
- Green Mountain Care
- Institute for Healthcare Improvement
- National Committee for Quality Assurance
- Vermont State Legislature (House of Representatives)



STUDY SPOTLIGHT: MENTAL/BEHAVIORAL HEALTH

Comparing Two Ways of Combining Behavioral Health Care and Primary Care for Adults

Adults who have long-term health problems, such as heart disease, often also have behavioral health problems, such as depression. Patients with behavioral health problems may visit their primary care doctor first and then get a referral to a behavioral-health specialist. This can make it hard to get care. This study compares two different ways of delivering health care to see which one is better at improving health and functioning in adults with physical and behavioral health problems.

CONDITIONS STUDIED INCLUDE



Addiction and
Substance
Abuse



Asthma



Cardiovascular
Diseases



Kidney
Diseases



Mental/
Behavioral
Health

PROJECTS FUNDED IN VERMONT INCLUDE:

RESEARCH PROJECTS

Comparing Two Ways of Combining Behavioral Health Care and Primary Care for Adults	University of Vermont and State Agricultural College	\$18.5 M
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ENGAGEMENT IN RESEARCH PROJECTS

Developing a Research and Engagement Agenda at the Margins (DREAM): Engaging Low-Income Rural Community Members to Improve Mental Health (Tier I)	Upper Valley Haven	\$15,000
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