

STATE PORTFOLIO

# Washington

**51**  
PROJECTS\*

**\$96**  
MILLION  
AWARDED

\*Including 29 research projects and 22 projects that support engagement in research. As of January 2019.

## AWARDEE AND COMMUNITY PARTNERS INCLUDE

- Community Health Plan of Washington
- Fred Hutchinson Cancer Research Center
- Kaiser Foundation Health Plan of Washington
- Korean Women's Association
- Northwest Regional Primary Care Association
- Public Health—Seattle and King County
- Puget Sound Asthma Coalition
- Seattle Children's Research Institute
- University of Washington
- Washington State Health Care Authority
- Washington State University College of Nursing



### STUDY SPOTLIGHT: OPIOID USE

## Evaluating Health System Initiatives to Reduce Opioid Use

Healthcare providers need guidance about what works to help their patients manage pain and avoid or minimize the risks associated with opioids. This study compared clinics that implemented an initiative focused on more-cautious opioid prescribing to clinics that did not. Physicians following the initiative prescribed fewer high opioid doses and their patients' pain control was no worse. The results appear in the *Journal of Pain and the Clinical Journal of Pain*.

## CONDITIONS STUDIED INCLUDE



Cystic Fibrosis



Hypertension



Opioid Use



Pediatric Diabetes



Traumatic Brain Injury

PROJECTS FUNDED IN WASHINGTON INCLUDE:

RESEARCH PROJECTS

Comparing Outcomes of Drugs and Appendectomy—CODA Study	University of Washington	\$13 M
Improving Transition from Acute to Postacute Care Following Traumatic Brain Injury—BRITE Study	University of Washington	\$13 M
Comparing Approaches to Provide Complex Mental Health Care for Patients in Rural Areas	University of Washington	\$12 M
Helping Doctors Prescribe Medicine to Prevent Low White Blood Cell Counts for Patients Getting Chemotherapy	Fred Hutchinson Cancer Research Center	\$7.8 M
PCORnet Bariatric Study	Kaiser Permanente Washington	\$4.6 M
Reducing Asthma Health Disparities through Guideline Implementation	Seattle-King County Public Health Department	\$3.5 M
Blood Pressure Checks for Diagnosing Hypertension	Kaiser Permanente Washington	\$2.8 M
Comparing Surveillance Imaging Methods in Breast Cancer Survivors	Kaiser Permanente Washington	\$1.9 M
Evaluation of Methods for Improving Primary Care for Back Pain	Kaiser Foundation Health Plan of Washington	\$1.9 M
Using Telehealth to Deliver Mental Health Services in Primary Care Settings for Children in Underserved Areas	Seattle Children’s Research Institute	\$1.7 M

ENGAGEMENT IN RESEARCH PROJECTS

Using Patient-Generated Health Data to Transform Health Care Initiative to Support Patient Involvement in Research	University of Washington	\$250,000
Establishing a Patient-Centered and Community-Based Adolescent and Young Adult Oncology Council	MultiCare Health System	\$250,000
Growing Participation among Those with Intellectual and Developmental Disabilities	University of Washington	\$230,000
Improving Diabetes Education and Management in Schools (Tiers I, II and III)	Seattle Children’s Hospital	\$90,000
Interventions for Patients with Moderate to Severe Obstructive Sleep Apnea and Resistant Hypertension	Multicare Health System	\$50,000
Building a Research Community for Vascular Ehlers-Danlos Syndrome	University of Washington	\$50,000
Advancing Reproductive Health Wellness between Patients with Cystic Fibrosis (Tiers I and II)	University of Washington	\$40,000
Improving Early Detection of Stomach Cancer among Asian Pacific Americans (Tier II)	Korean Women’s Association	\$25,000
Building a Community, Clinical, and Academic Partnership for Asthma	Puget Sound Asthma Coalition	\$15,000