Objectives

- Learn about ongoing studies
- Think about which studies interest you most
- Know how to find trials near you!
Snapshot Of Ongoing Research

• Exercise/Dance
• Palliative care
• Stroke
• Caregiver research
• Alzheimer’s disease
• Medications
• Vaccines
• Neural mechanisms
• Falls/balance
• Parkinson’s disease
• Sleep
• Incontinence
And many more....
What is happening here?

• The following slides contain examples of upcoming trials in the Atlanta, GA area
• Almost everyone qualifies for some study
• There are a wide variety of studies, so you can choose to get involved with those that best fit your interests and availability
Developing a Research Participation Enhancement and Advocacy Training Program for Diverse Seniors

**PI: Madeleine Hackney, PhD**  
**Location: Wesley Woods Health Center, Emory**

**Project Description:**

**Part I:** 8-week lecture series for older adults presented by Emory investigators and medical students

**Part II:** 8-week course to train a “DREAMS Team” of research advocates

**DREAMS aims to:**

- Develop rapport between older adults, researchers, and medical students
- Get diverse older adults involved in research as informed participants, but also as research advocates and advisors
- Improve quality of research and ultimately healthcare for older adults!

**Measures Include:**

- Attitudes towards research
- Satisfaction with program
- Mental, physical, and psychosocial health

**Findings/Future Plans (What next?):**

- By the end of March 2016 over 80 older adults will have completed Part I
- Part II (research advocate training) begins April 2016
Optimizing Motor Training in Parkinson’s disease through Neural Mechanisms  

**Project Description**
We study the effects of dancing the lead or follow role in Adapted Tango, rehabilitative therapy that may reduce falls and enhance quality of life. We also explore how brain activation and circuitry are affected by tango, with functional magnetic resonance imaging (fMRI).

**Benefits and Innovations (Why?)**
- Possible reduction of falls
- Improves health, quality of life, independence, and could reduce care costs
- Examining benefits of leading and following movement with fMRI
- Could lead to more targeted therapies for people with movement disorders

**Methods (How?)**
- Participants randomized to Lead/Follow/Education intervention with thorough before, after, and 1-mth follow-up testing

**Findings/Future Plans (What next?)**
- Data collection in process
- Lots to analyze in coming months
- Translating adapted tango therapy for other diseases/conditions
National Resources for Finding Clinical Trials

ClinicalTrials.gov
Search for clinical trials using a national and international database

National Institutes of Health
Learn about clinical research trials and you

Cancer.gov
Information from National Cancer Institute for patients and caregivers

ResearchMatch
Join a national registry of research volunteers
Telephone Resources

1-877-MED HERO

If you call, they will help you find trials in which you are eligible for participation
Small Group Discussion Questions

1. Which of the studies presented today interest you the most? Why?

2. Can you imagine any specific barriers to carrying out any of these studies?

3. Do you have any ideas for how you might want to get involved in any of these projects? (e.g. by helping with recruiting)

4. How would you present this research to someone you know?

5. Are there other research studies (either actual studies that you know about or potential studies that you can imagine) that you would be interested in getting involved with as an advocate?